Factsheet 1: Useful Contacts and Links

We want to ‘signpost’ some useful contacts and links for you, your friends and family. Here are details for some key local and national organisations who can help you to find information, services and supports for ageing well.

Community Services and Supports - Local

**Age Action, Galway**

Care and Repair  
Tel: 091 527831   Email: aaw@ageaction.ie

Getting Started Computer Training  
Tel: 091 527831   Email: gettingstartedgalway@ageaction.ie

Website: [www.ageaction.ie](http://www.ageaction.ie)

**COPE Galway**

Tel: 091 778750   Email: info@copegalway.ie

COPE Senior Support Services  
Tel: 091 700800   Email: seniorsupport@copegalway.ie

Community Catering/Meals on Wheels  
Tel: 091 700800   Email: communitycatering@copegalway.ie

Website: [www.copegalway.ie](http://www.copegalway.ie)

**Croi na Gaillimhe Resource Centre**

Tel: 091 895 203   Email: info@croinagaillimhe.ie

**Galway Age Friendly Programme**

Tel: 091 509591   Email: agefriendly@galwaycoco.ie

Website: [www.galway.ie/agefriendly/](http://www.galway.ie/agefriendly/)
Galway City Community Network / Public Participation Network

Tel: 087 9326467
Email: info@galwaycitycommunitynetwork.ie
Website: www.galwaycitycommunitynetwork.ie/

Galway City Partnership

Tel: 091 773466  Email: info@gcp.ie
Website: www.gcp.ie/

Galway Contact

Tel: 091 867892  Email: galwaycontact@eircom.net
Website: www.galwaycontact.ie

Galway County PPN/ Public Participation Network

Tel: 091 509147
Email: resourceworker@galwaycountyppn.ie
Website: www.galwaycountyppn.ie/

Meals4Health

Tel: 091 354000  Email: info@meals4health.ie
Website: www.meals4health.ie/

Volunteer Galway

Tel: 091 581727  Email: info@volunteergalway.ie
Website: www.volunteergalway.ie/

Westside Age Inclusion

Tel: 091 589861  Email: westsideageinclusion@eircom.net
Community Services and Supports - National

Active Retirement Ireland
Tel: 01 8733836        Email: info@activeirel.ie
Website: www.activeirl.ie/

Age Action / Information Service
Tel: (01) 475 6989       Lo Call: 1890 369369
Website: www.ageaction.ie

Age and Opportunity
Tel: 01 805770        Email: info@ageandopportunity.ie
Website: www.ageandopportunity.ie/

Sage Advocacy
Tel: 01 5367330        Email: info@sageadvocacy.ie
Website: www.sageadvocacy.ie/

Seniorline – National Confidential Listening Service for Older People
Lines are open every day 10.00am to 10.00pm
Tel: 1800 80 45 91
Website: www.thirdageireland.ie/seniorline

Public Services and Supports - Local

Citizens Information Service
Lo Call: 0761 07 7600        Email: galway@citinfo.ie
Website: www.citizensinformation.ie
Department of Employment and Social Protection

Intreo Centre, Galway
Tel: 091 500800 Email: galway@welfare.ie
Website: www.welfare.ie

Galway City Council
Tel: 091 536400 Email: customerservice@galwaycity.ie
Website: www.galwaycity.ie

Galway County Council
Tel: 091 509000 Email: customerservices@galwaycoco.ie
Website: www.galway.ie

Galway Public Libraries – Branches and Opening Times
Website: www.galway.ie/en/services/library/openingtimes/

HSE - Health Service Executive

HSE Live: Mon- Fri 8.00am to 8.00pm; Sat 10.00am to 5.00pm
Tel: 041 6850300
Callsave: 1850 24 1850 Email: hselive@hse.ie

HSE Galway Local Health Office
Tel: 091 523122

HSE Galway Home Care Support Services
Tel: 091 546356
Website: www.hse.ie

This information, along with some useful Factsheets is also available to read or download on the COPE Galway website www.copegalway.ie/

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